

Packing for Camp

The back of this sheet is our suggested packing list – your camper may need more or less of something, so use your judgment. This list is for a **two-week camper**. Campers staying 3-4 weeks do laundry halfway through their session. Campers staying 5-6 weeks will have two laundry days.

Label *everything* clearly with your child’s first and last name. Lost items without clear labels will be donated to a local charity.

Help your child pack so that you both agree on what is sent to camp. Be sure to send comfortable, practical clothes for all types of weather (cold, hot, rainy).

On the first day of camp, your camper should bring a carry-on with a swimsuit and a towel. Swim testing begins shortly after arrival. Campers arriving by plane should put their **non-pill medications** in their carry-on and give it to staff when they arrive at camp. Liquids more than 3 oz. should be shipped to camp. All other campers should check in their non-pill medications at the bus on their departure day.

What not to Bring: Just as important as what should be sent to camp, is what should not be sent to camp. We strongly urge you **not** to send valuable or fragile items. **Herzl Camp is not responsible for lost or damaged items.** Here is a list of items that are not allowed at Herzl Camp. In the interest of safety and in the spirit of summer camp, please do not allow your child to bring any of these items.

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| <ul style="list-style-type: none"> ▪ Aerosol Cans ▪ Adult or Inappropriate Magazines ▪ Alcohol ▪ Animals ▪ Appliances (toaster, refrigerator, hot plate) ▪ Bikes ▪ Cell Phone or anything that connects to the internet | <ul style="list-style-type: none"> ▪ Decorative Lights ▪ Electric Blankets ▪ Fans larger than 10” across ▪ Fireworks/Sparklers ▪ Guns of Any Kind (paint, bb, water etc.) ▪ Knives ▪ Lighters/Matches ▪ Music or video downloads with violent or sexually explicit lyrics | <ul style="list-style-type: none"> ▪ Portable DVD Players ▪ Silly String ▪ Tobacco ▪ Luggage Trunks ▪ TV’s ▪ Walkie-Talkies ▪ Food/Chewing Gum |
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Luggage: Please limit your camper to two (2) large bags (soft duffel bags only) and one small carry-on (a backpack or gym bag). Luggage is stored in the cabins at camp, so space is limited. Please do not pack your campers luggage into hard trunks – they are not easily stored and take up too much room in the cabins. Please allow your child to assist you with packing so that they know what they have with them at camp. If your child will be flying, please check with the airline regarding any baggage restrictions. Please see the transportation section of the Parent Guide for more information about luggage pickups.

Luggage Tags: You must use the enclosed luggage tags to mark your camper’s bags. Neatly print your child’s full name and address on the luggage tags. These tags are color-coded specifically for your child’s program. Do not use a different colored tag to replace the ones that we give you.

Luggage Tag Colors:	
Taste and B’yachad - Orange Noar and Kadimah – Blue Ha’atid - Yellow	Tzofim – Red Teva Trek - Green

Suggested Packing List

Suggested	Description	Camper 1 <input checked="" type="checkbox"/>	Camper 2 <input checked="" type="checkbox"/>	Camper 3 <input checked="" type="checkbox"/>	Camper 4 <input checked="" type="checkbox"/>
Clothing and Footwear					
14	Pair of underwear				
10-14	Pair of socks				
2	Pair of pajamas				
2	Pair warm pajamas				
6-9	Shorts				
3-4	Jeans or long pants				
10-14	T-shirts				
2-3	Long sleeved shirts				
4	Sweatshirts				
2-3	Swimsuits (pack one in carry on)				
1-2	Hats				
2-4	White outfits for Friday Shabbat				
2	Pair of athletic shoes/sandals				
1	Watershoes/sandals (for shower and beach)				
1	Rainboots or Rainshoes				
Gear					
1	Raincoat or poncho				
1	Warm jacket/fleece				
1	Water bottle				
	Bug repellent				
	Sun screen				
	Flashlight				
	Sun glasses				
1	Sleeping bag (for overnights) *Excluding Taste of Herzl and Noar				
1	Laundry bag (labeled)				
Linens – American Camp Association guidelines require that campers use sheets and a blanket. Sleeping bags may be used for overnight trips and as a blanket, but not as a substitute for linens.					
	Pillow				
2	Pillow cases				
2	Sheet sets (top and bottom)				
2	Blankets				
4-6	Beach/bath towels				
2-4	Wash cloths				
Toiletries					
	Shower bucket (to carry toiletries)				
	Toothbrush/toothpaste				
	Comb/brush				
	Soap/soap dish				
	Shampoo/conditioner				
	Deodorant				
	Kleenex				
Other					
1-2	Kipot (mandatory for boys at meals and t'fillot)				
	Tallit/t'fillin				
	Stationary/envelopes/postcards/stamps				
	Art shirt – to wear while painting				
	Spare eyeglasses/contacts				
1-2	Plain white shirt (for tie-dye or decorating)				

Optional Items-

Sports equipment (racquet, mitt, disc)	Batteries
Swim goggles	Clip on light & fan for bunk bed
Musical instruments	Sports jersey for Saturday nights
Camera	Bandana/visor
Books/magazines	Silly costumes/hats

